



Grilled Chicken Sliders

- 1 pound skinless chicken breasts
- Salt and pepper to taste
- 4 kiwi fruit, peeled and chopped
- 1 tablespoon chopped fresh mint
- 1 teaspoon honey
- 6 whole wheat cocktail buns, split
- 3 tablespoons honey mustard
- 12 red apple slices



Cut chicken breasts into 6 pieces. Season with salt and pepper. Grill for 10 to 12 minutes or until no longer pink in the center, turning once.

Mix kiwi, mint, honey, and more salt and pepper. Spread bottom buns with honey mustard and add 2 apple slices, chicken, kiwi chutney, and bun tops.

